Tenets

- I take responsibility for my health and well being.
- No one knows me better than myself and I am the complete and total authority over what takes place with me.
- I understand that healing occurs at many levels, including physical, mental, vital and spiritual.
- I desire freedom and independence from systems and processes which attempt to categorize me in ways that I determine do not serve me.
- I believe that where two or more meet in healing agreement, that the positive intentional outcome of healing will be experienced by us all.
- I understand that healing can show up in many forms and that sometimes the path to my awareness of this healing can seem difficult or even worse when I began.
- I am open to all of the possibilities for my healing, including those that I may never have considered due to my beliefs.